

getting more
from your
support
package



personalised support

Inclusion Melbourne offers fully personalised community-based support for people with intellectual disability.

Unlike other disability day services, we are not centre-based, so you don't select activities from a list, follow a group schedule or stay in a centre.

Instead, we support you to live a fulfilled life, to participate in activities based on your own needs, wants and interests, and to develop meaningful friendships within your local community.

it's all about choice

Our mission is to provide you with every opportunity to do the things you want to do, with the people who matter to you, in accepting and inclusive communities.

We work together with you, your family and carers to develop a completely personalised support plan. We support you to express yourself and pursue your passions by choosing the activities you enjoy, the subjects you want to learn and the friends who share your interests.

living life your way

With personalised supports, there are no programs - and no two people's weeks of activities look the same. We will work together with you, your family and friends, to build a unique plan that meets your needs and interests. We will support you to live life your way.

a plan that's right for you.

To help you choose the level of support that suits you best, we have asked our clients, Trang, Theresa and Rory, to share their plans with you. Their personalised support plans and costings are set out on the pages that follow, so you can see how we customise our fees based on the level of support required.

We will work together with you, your family and friends, to choose which services suit your interests, needs and budget. The result will be a unique suite of personalised supports, specifically customised for you.



trang

Trang is 24 years old. She and her family have been working with Inclusion Melbourne for the past six years. She enjoys education, keeping fit and helping other people. She pursues these interests by participating in a lifelong learning course, working out at her gym and volunteering at the local nursing home. Because Trang is supported in these activities by a range of family and friends, her support package is used to cover course fees and a support professional who assists Trang with her studies. Trang's family uses the remaining funds for a Vietnamese-speaking aide.



theresa

Theresa loves dancing, swimming, scrap booking, having coffee with friends and volunteering at the local pet shelter. She lives with her ageing parents and has a range of activities she enjoys which keep her busy and active six days a week.

Inclusion Melbourne has worked with Theresa for over 5 years, supporting her development and working together with her to adjust her activities as her interests have grown and changed. As Theresa's parents have gotten older, they have had to lessen their day to day involvement in planning and supporting Theresa's activities.

rory

Rory lives in a group home. Using a wheelchair, Rory also requires full-time support. Rory and his family approached Inclusion Melbourne to create opportunities for Rory to participate in the community. They also sought Inclusion Melbourne's assistance to help arrange support professionals and volunteers while he is in the group home.

Working together with Rory and his family, Inclusion Melbourne designed two days of personalised supports for Rory. One day, he attends a local community men's group and in the evening he and some of his friends from the group have dinner together in the local pub. On the other day, Rory taxis over to Inclusion Melbourne offices to meet up with a volunteer who takes him out for coffee; afterwards, Rory spends the afternoon with his sister.



how we calculate our fees

At Inclusion Melbourne, fees are calculated according to the level of support we provide in the following three areas:

1. Administration

This includes the costs of community development activities such as access to our volunteer supports. Like everything we do, this fee is tailored to meet your requirements – the more administration you do for yourself, the lower our fee.

2. Activity and Support

This includes the cost of participating in your chosen activities, such as tutoring or swimming sessions and associated support costs. These are itemised and charged by the hour so you know exactly what you are paying for.

3. Support Coordination

This includes helping you to plan and design your personalised supports, locating activities, and recruiting and training supporters (both paid and volunteer) to meet your needs. Most people we support purchase three hours per week of support coordination, but there are some people who choose to do all or some of this for themselves.

more than just a service

Inclusion Melbourne is dedicated to fostering a more inclusive community for all. As we support your life in the community, we help transform our world by fostering understanding, tolerance and acceptance of a more diverse society.

With Inclusion Melbourne you enjoy the benefits of a better life – and a better world – for all.

trang



family-governed

Trang and her family want to do as much as they can for themselves to organise activities and education. Therefore, they choose to have Inclusion Melbourne liaise with all external providers including government, and to oversee all service payments and reporting.

government assistance

Individual Support Package \$18,020

expenditure

Funded by the government assistance

Inclusion Melbourne administration <i>(5.5% of package)</i>	\$1,000
Annual planning support	\$650
Education course fee	\$575
Course materials	\$550
Support Aide (8hrs per week)	\$13,984
Gym membership	\$850

Funded by Trang and her family

Support contribution	\$145 per month
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theresa



personalised support - full time

Theresa's family have busy lives. They have worked with Inclusion Melbourne to develop her person centred plan. Within the boundaries set by her family, Theresa's family have chosen Inclusion Melbourne to take the lead in arranging Theresa's activities and supports. Inclusion Melbourne works within the plan and offers Theresa suggestions as to how to get the most out of her individual support package. This has included organising volunteers who have helped to support the family as well.

government assistance

Individual Support Package	\$29,353
Mobility allowance	\$2,262
Total	\$31,615

expenditure

Funded by the government assistance

Inclusion Melbourne administration (11.1% of package)	\$3,250
Support coordination	\$7,595
Direct Support staff	\$17,305
Activity costs	\$950
Taxis	\$2,350

Funded by Theresa and her family

Support contribution	\$145 per month
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rory



personalised support - part time

Rory and his family have enlisted Inclusion Melbourne to provide two days of personalised support and also to arrange professionals and volunteers to support Rory at his group home. Because of Inclusion Melbourne's linkages with volunteers and community groups, Rory is able to enjoy the benefits of personalised supports in the community without exceeding his budget.

government assistance

Individual Support Package (2 days only of a larger package)	\$12,800
Mobility allowance	\$2,262
Total	\$15,062

expenditure

Funded by the government assistance

Inclusion Melbourne administration (10.2% of package)	\$1,300
Support coordination	\$3,105
Direct Support staff	\$6,830
Activity costs	\$480
Taxis	\$1,800

Funded by Rory and his family

Support contribution	\$60 per month
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our values

integrity

"To consistently act on sound moral principles"

We will act with integrity by:

- Being respectful
- Doing what we say we'll do and being open about how we do it
- Being honest about what we can and cannot achieve
- Acting in a manner that is deserving of your trust
- Having skilled, competent and professional employees

potential

"The inherent ability or capacity for growth"

We will see the potential of all persons by:

- Believing that everyone has the potential to keep achieving more
- Ensuring that everyone has equal opportunities for development
- Understanding that overcoming obstacles is a necessary part of the journey to success

individuality

"A single person regarded as a unique personality, distinguished from others by special qualities"

We will embrace individuality by:

- Acknowledging uniqueness and accepting differences in a non-judgemental manner
- Using a person-centred approach to meet the unique needs of each person
- Supporting people to make choices that build the lives they want
- Working with people in unique and personalised ways
- Respecting individual and family customs, practices, beliefs, traditions and heritage

relationships

"A significant connection existing between people and communities"

We will foster relationships by:

- Being honest with each other
- Supporting and encouraging each other
- Connecting people with their community and nurturing new relationships
- Working together to solve problems
- Listening to each other to achieve mutual understanding
- Strongly believing that together people create better lives.

There are many ways to live life your way with Inclusion Melbourne.

Let's work together to make your support package achieve the best outcome for you.



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